

Colebrook Village at Hebron

June 2026

- AR Activity Room
- SW Spiritual Wellness
- DR Dining Room
- LR Living Room
- BT Bus Trip
- SW Social Wellness
- PW Physical Wellness
- EM Entertainment or Movie
- IW Intellectual Wellness
- Neighborhood Stroll
- Bus Trip
- Music
- Snack and Chat
- Creative Arts
- Physical Wellness
- Game Time
- Movie

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	National Game Show Day! 1 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:00 EM Music Therapy w/ Bonnie ♪ 10:30 LR Monday Madness w/ Mike ↔ 11:00 LR Celebrity Spotlight: Bob Barker 1:30 PW Cardio Drumming ↔ 2:15 IW Balloon Toss 🎈 3:15 SW Mocktail Hour ☕ 3:30 LR Name That City! 🎮 5:30 EM Cinema Showcase 🎬	National Rocky Road Day! 2 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:00 AR Let's Get Stretching ↔ 10:30 PW Rhythm Drumming w/ Mike ↔ 11:00 SW Vivacious Voices ♪ 1:30 ■ Walking Club ↔ 3:15 SW Mocktail Hour ☕ 3:30 SW BINGO 🎲 5:30 EM Cinema Showcase 🎬 6:30 EM RHAM Jazz Band ♪	National Egg Day! 3 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:00 PW Let's Get Stretching ↔ 10:30 PW Balloon Toss ↔ 11:00 AR Creative Corner ☘ 1:30 PW Seated Cardio w/ Music ↔ 2:15 PW Wild Card w/ Mike ↔ 2:45 EM Living Room Karaoke ♪ 3:15 SW Mocktail Hour ☕ 5:30 EM Cinema Showcase 🎬	National Cheese Day! 4 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:00 AR Let's Get Stretching ↔ 10:30 PW Zumba Class ↔ 11:00 DR Culinary Creations 1:30 PW Cup game w/ Mike ↔ 2:00 ■ Afternoon Stroll ↔ 3:15 SW Mocktail Hour ☕ 3:30 LR Words With Friends 5:30 EM Cinema Showcase 🎬	National Start Over Day! 5 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:00 AR Let's Get Stretching ↔ 10:30 PW Jump Start June Workout ↔ 11:00 AR Finish the Phrase 🗣️ 11:00 SW Vivacious Voices ♪ 1:15 BT Ride Around Town 🚌 1:30 LR Mid-Matinee 🎬 3:15 SW Mocktail Hour ☕ 3:30 DR BINGO 🎲 5:30 EM Cinema Showcase 🎬	National Yo-Yo Day! 6 7:00 DR Morning Melodies ♪ 10:00 LR News, Weather and Chat 10:30 LR Balloon Toss ↔ 11:00 LR Words With Friends 🗣️ 1:45 EM Movie Matinee 🎬 3:15 SW Mocktail Hour ☕ 3:30 DR BINGO 🎲 5:30 EM Cinema Showcase 🎬
National Oklahoma Day! 7 7:00 DR Morning Melodies ♪ 10:00 SW Spiritual Mass 10:15 DR Coffee & Chronicles ☘ 10:30 PW Chair Aerobics ↔ 11:00 LR Armchair Travel- Roman Nose State Park 11:30 LR Balloon Toss 🎈 1:15 LR Mid-Matinee 🎬 2:15 PW Balloon Toss ↔ 3:15 SW Mocktail Hour ☕ 3:30 AR BINGO 🎲 5:30 EM Cinema Showcase 🎬	National Best Friend Day! 8 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:00 EM Music Therapy w/ Bonnie ♪ 10:30 LR Monday Madness w/ Mike ↔ 11:00 LR Celebrity Spotlight: Jackie Kennedy 1:30 PW Cardio Drumming ↔ 2:15 IW Balloon Toss 🎈 3:15 SW Mocktail Hour ☕ 3:30 LR Name That City! 🎮 5:30 EM Cinema Showcase 🎬	National Donald Duck Day! 9 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:00 AR Let's Get Stretching ↔ 10:30 PW Rhythm Drumming w/ Mike ↔ 11:00 SW Vivacious Voices ♪ 1:30 ■ Walking Club ↔ 2:00 EM Susan Judge Concert ♪ 3:15 SW Mocktail Hour ☕ 3:30 SW BINGO 🎲 5:30 EM Cinema Showcase 🎬	National Iced Tea Day! 10 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:15 SW Chair Yoga ↔ 11:00 AR Creative Corner ☘ 1:30 PW Seated Cardio w/ Music ↔ 2:15 PW Wild Card w/ Mike ↔ 2:45 EM Living Room Karaoke ♪ 3:15 SW Mocktail Hour ☕ 4:30 DR Family Dinner Night 5:30 EM Cinema Showcase 🎬 6:30 EM Saxophone Recital ♪	German Chocolate Cake Day! 11 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:00 AR Let's Get Stretching ↔ 10:30 PW Zumba Class ↔ 11:00 DR Culinary Creations 1:30 PW Volleyball w/ Mike ↔ 2:00 ■ Afternoon Stroll ↔ 3:15 SW Mocktail Hour ☕ 3:30 LR Words With Friends 5:30 EM Cinema Showcase 🎬	National Movie Night! 12 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:00 AR Let's Get Stretching ↔ 10:30 PW Jump Start June Workout ↔ 11:00 SW Vivacious Voices ♪ 1:15 BT Ride Around Town 🚌 1:30 LR Mid-Matinee 🎬 3:15 SW Mocktail Hour ☕ 3:30 DR BINGO 🎲 5:30 EM Cinema Showcase 🎬	Random Acts of Light Day! 13 7:00 DR Morning Melodies ♪ 10:00 LR News, Weather and Chat 10:30 LR Balloon Toss ↔ 11:00 LR Words With Friends 🗣️ 1:45 EM Movie Matinee 🎬 3:15 SW Mocktail Hour ☕ 3:30 DR BINGO 🎲 5:30 EM Cinema Showcase 🎬
Happy Birthday Leo! 14 7:00 DR Morning Melodies ♪ 10:00 SW Spiritual Mass 10:15 DR Coffee & Chronicles ☘ 10:30 PW Chair Aerobics ↔ 11:00 LR Armchair Travel- Sante Fe 11:30 LR Balloon Toss 🎈 1:15 LR Mid-Matinee 🎬 2:15 PW Cornhole ↔ 3:15 SW Mocktail Hour ☕ 3:30 AR BINGO 🎲 5:30 EM Cinema Showcase 🎬	National Megalodon Day! 15 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:00 EM Music Therapy w/ Bonnie ♪ 10:30 LR Monday Madness w/ Mike ↔ 11:00 LR Celebrity Spotlight: Jackie Kennedy 1:30 PW Cardio Drumming ↔ 2:15 IW Balloon Toss 🎈 3:15 SW Mocktail Hour ☕ 3:30 LR Name That City! 🎮 5:30 EM Cinema Showcase 🎬	National Fudge Day! 16 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:00 AR Let's Get Stretching ↔ 10:30 PW Rhythm Drumming w/ Mike ↔ 11:00 SW Vivacious Voices ♪ 1:30 ■ Walking Club ↔ 3:15 SW Taste of Germany w/ Michelle ☘ 5:30 EM Cinema Showcase 🎬	National Root Beer Day! 17 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:15 SW Chair Yoga ↔ 11:00 SW Mass w/ Fr. Mike 1:30 AR Cards w/ Gayle 1:30 PW Seated Cardio w/ Music ↔ 2:15 PW Wild Card w/ Mike ↔ 2:45 EM Living Room Karaoke ♪ 3:15 SW Make your own Root Beer Float ☕ 5:30 EM Cinema Showcase 🎬	National Go Fishing Day! 18 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:00 AR Let's Get Stretching ↔ 10:30 PW Zumba Class ↔ 11:00 DR Culinary Creations 1:30 PW Fishing Game w/ Mike ↔ 2:00 EM Matt Bureau Concert ♪ 3:15 SW Mocktail Hour ☕ 3:30 LR Words With Friends 5:30 EM Cinema Showcase 🎬	Juneteenth 19 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:00 EM Music Therapy w/ Maggie ♪ 11:00 LR Bewitched Show 11:00 SW Tea Party 1:15 BT Ride Around Town 🚌 1:30 LR Mid-Matinee 🎬 3:15 SW Mocktail Hour ☕ 3:30 LR History of Juneteenth 5:30 EM Cinema Showcase 🎬	American Eagle Day! 20 7:00 DR Morning Melodies ♪ 10:00 LR News, Weather and Chat 10:30 LR Balloon Toss ↔ 11:00 LR Words With Friends 🗣️ 1:45 EM Movie Matinee 🎬 3:15 SW Mocktail Hour ☕ 3:30 DR BINGO 🎲 5:30 EM Cinema Showcase 🎬
Happy Birthday Arlene! 21 7:00 DR Morning Melodies ♪ 10:00 SW Spiritual Mass 10:15 DR Coffee & Chronicles ☘ 10:30 PW Chair Aerobics ↔ 11:00 LR Armchair Travel- Phoenix 11:30 LR Balloon Toss 🎈 1:15 LR Mid-Matinee 🎬 2:15 PW Balloon Toss ↔ 3:15 SW Mocktail Hour ☕ 3:30 AR BINGO 🎲 5:30 EM Cinema Showcase 🎬	National Kissing Day! 22 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:00 EM Music Therapy w/ Bonnie ♪ 10:30 LR Monday Madness w/ Mike ↔ 11:00 LR Celebrity Spotlight: Jackie Kennedy 1:30 PW Cardio Drumming ↔ 2:15 IW Balloon Toss 🎈 3:15 SW Mocktail Hour ☕ 3:30 LR Name That City! 🎮 5:30 EM Cinema Showcase 🎬	Happy Birthday Charlotte! 23 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:00 AR Let's Get Stretching ↔ 10:30 PW Rhythm Drumming w/ Mike ↔ 11:00 SW Vivacious Voices ♪ 1:30 ■ Walking Club ↔ 2:00 EM Rick Lovallo Concert ♪ 3:15 SW Mocktail Hour ☕ 3:30 SW BINGO 🎲 5:30 EM Cinema Showcase 🎬	National Patch Day! 24 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:15 SW Chair Yoga ↔ 11:00 AR Creative Corner ☘ 1:30 PW Seated Cardio w/ Music ↔ 2:15 PW Wild Card w/ Mike ↔ 2:45 EM Living Room Karaoke ♪ 3:15 SW Mocktail Hour ☕ 5:30 EM Cinema Showcase 🎬	National Strawberry Parfait Day! 25 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:00 AR Let's Get Stretching ↔ 10:30 PW Zumba Class ↔ 11:00 SW Church Service w/ Fr. Ron 1:30 PW Tic Tac Toe w/ Mike ↔ 2:00 ■ Afternoon Stroll ↔ 2:00 DR Culinary Creations 3:15 SW Mocktail Hour ☕ 3:30 LR Words With Friends 5:30 EM Cinema Showcase 🎬	National Coconut Day! 26 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:00 AR Let's Get Stretching ↔ 10:30 PW Jump Start June Workout ↔ 11:00 SW Vivacious Voices ♪ 1:15 BT Ride Around Town 🚌 1:30 LR Mid-Matinee 🎬 3:15 SW Virgin Pina Colada Hour ☕ 3:30 DR BINGO 🎲 5:30 EM Cinema Showcase 🎬	National Sunglasses Day! 27 7:00 DR Morning Melodies ♪ 10:00 LR News, Weather and Chat 10:30 LR Balloon Toss ↔ 11:00 LR Words With Friends 🗣️ 1:45 EM Movie Matinee 🎬 3:15 SW Mocktail Hour ☕ 3:30 DR BINGO 🎲 5:30 EM Cinema Showcase 🎬
National Alaska Day! 28 7:00 DR Morning Melodies ♪ 10:00 SW Spiritual Mass 10:15 DR Coffee & Chronicles ☘ 10:30 PW Chair Aerobics ↔ 11:00 LR Armchair Travel- Juneau 11:30 LR Balloon Toss 🎈 1:15 LR Mid-Matinee 🎬 2:15 PW Cornhole ↔ 3:15 SW Mocktail Hour ☕ 3:30 AR BINGO 🎲 5:30 EM Cinema Showcase 🎬	National Camera Day! 29 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:00 EM Music Therapy w/ Bonnie ♪ 10:30 LR Monday Madness w/ Mike ↔ 11:00 LR Celebrity Spotlight: Jackie Kennedy 1:30 PW Cardio Drumming ↔ 2:15 IW Balloon Toss 🎈 3:15 SW Mocktail Hour ☕ 3:30 LR Name That City! 🎮 5:30 EM Cinema Showcase 🎬	Social Media Day! 30 7:00 LR Morning Melodies ♪ 7:30 AR Breakfast Club ☘ 9:30 LR News, Weather & Chat 10:00 AR Let's Get Stretching ↔ 10:30 PW Rhythm Drumming w/ Mike ↔ 11:00 SW Vivacious Voices ♪ 1:30 ■ Walking Club ↔ 3:15 SW Mocktail Hour ☕ 3:30 SW BINGO 🎲 5:30 EM Cinema Showcase 🎬				